









# Take Your Time

## Additional Resources

Publisher	Title	Website CTRL + Click to follow	PDF CTRL + Click for PDF file	Publication Number
NCI	Understanding Breast Changes: A Health Guide for Women	<a href="http://www.cancer.gov/cancertopics/screening/understanding-breast-changes">http://www.cancer.gov/cancertopics/screening/understanding-breast-changes</a>		P051  Spanish: 14-3536S
NCI	What You Need To Know About™ Breast Cancer	<a href="http://www.cancer.gov/cancertopics/wyntk/breast">http://www.cancer.gov/cancertopics/wyntk/breast</a>		P017  Spanish: P889
FDA	Mammograms	<a href="http://www.fda.gov/ForConsumers/ByAudience/ForWomen/ucm118546.htm">http://www.fda.gov/ForConsumers/ByAudience/ForWomen/ucm118546.htm</a>		
CDC	Mammogram Promotion Posters	<a href="http://www.cdc.gov/cancer/dcpc/publications/breast.htm">http://www.cdc.gov/cancer/dcpc/publications/breast.htm</a>		
CDC	Health E-Cards	<a href="http://t.cdc.gov/ecards/message.aspx?audience=42&amp;cardid=198">http://t.cdc.gov/ecards/message.aspx?audience=42&amp;cardid=198</a>		
CDC	Breast Cancer Screening: The Right to Know	It's Your Life Campaign website: <a href="http://www.cdc.gov/ncbddd/women/righttoknow/">http://www.cdc.gov/ncbddd/women/righttoknow/</a>		Variety of materials available
Komen MD	Breast Cancer Resource Guide	<a href="http://www.komenmd.org/site/c.ddJIKPNnFkG/b.2563769/k.9606/Resource_Guide.htm">http://www.komenmd.org/site/c.ddJIKPNnFkG/b.2563769/k.9606/Resource_Guide.htm</a>		
Komen MD	Interactive Online Tools	<a href="http://www.komenmd.org/site/c.ahKOI6MJleIYE/b.8471887/k.548B/Educate_Yourself_and_Your_Community.htm#.UiDpXfDD_IU">http://www.komenmd.org/site/c.ahKOI6MJleIYE/b.8471887/k.548B/Educate_Yourself_and_Your_Community.htm#.UiDpXfDD_IU</a>		Variety of materials available
CancerCare	A variety of educational materials	<a href="http://www.cancercare.org/publications">http://www.cancercare.org/publications</a>		Variety of materials available