

# Tri-County Behavioral Health Resource Guide



Photo by Dustin Mariner

2015

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## Table of Contents

Maryland’s Public Mental Health System Overview.....	3
CSA Overview.....	3
Behavioral Health Glossary.....	3
Community Behavioral Health Providers.....	5
Regional Mental Health Inpatient Providers.....	18
Neuropsychiatrists.....	19
Life Coaches.....	20
Crisis Information and 24 Hour Hotlines .....	21
Helpful Websites.....	21
Behavioral Health Support Groups/Resources.....	22
Social Service Organizations.....	23
Low Cost Medical Providers.....	23
Local Food Pantries and Soup Kitchens.....	24
Local Shelters .....	24
Transportation.....	25
Employment Organizations.....	25

This information is available online at:  
[www.worcesterhealth.org](http://www.worcesterhealth.org)  
and  
<http://worcester.md.networkofcare.org>

Network of Care is a highly interactive, single information place where consumers, community-based organizations and municipal government workers all can go to easily access a wide variety of important information. The resources in this “virtual community” include a fast, comprehensive service directory; links to pertinent websites from across the nation; a comprehensive, easy-to-use library; a political advocacy tool; community message boards; and many others.

The content of this resource manual reflects information available at the time of publication;  
July 2015.

The Wicomico Behavioral Health Authority/Somerset Core Service Agency and the Worcester County Core Service Agency in no way endorses any one provider or service over another. We hope that this guide is useful in your navigation of the Public Mental Health System in Wicomico, Somerset, and Worcester Counties.

The Worcester County Core Service Agency  
6040 Public Landing Road, Snow Hill, MD 21863  
410-632-3366, website: [www.worcesterhealth.org](http://www.worcesterhealth.org)

# Maryland's Public Mental Health System (PMHS) Overview

The Maryland Public Mental Health System which combines state funds and Medicaid dollars has five goals:

1. To help citizens of Maryland get the care that they need
2. To make sure that the care is appropriate
3. To improve the quality of care
4. To pay for the care received
5. To learn which services are effective for the citizens of Maryland

In order to improve access to mental health services and ensure that mental health services help consumers achieve treatment goals; a toll-free, 24-hour, 7-days a week preauthorization line (1-800-888-1965) has been made available.

The Mental Hygiene Administration (MHA) has authority over the PMHS. This includes policy development, state-wide planning and resource allocation.

CSA's are under the authority of the Secretary of the Department of Health and Mental Hygiene (DHMH), and are an entity of the county governments, which approve and oversee their organizational structure.

Jointly, the MHA, CSA's and Value Options (the contracted administrative service organization), coordinate and administer Maryland's PMHS.

## Core Service Agency Overview

Mission:

The mission of the Core Service Agency is to plan, develop and manage a coordinated, comprehensive, accessible, culturally sensitive, and age appropriate system of publicly funded mental health services and supports for individuals with psychiatric disorders who meet certain eligibility criteria, and in conjunction with community stakeholders promote resiliency, health and recovery.

Core Service Agency's Role:

- Assessing and planning for mental health needs in their jurisdiction.
- Working to create a unified system of mental health treatment which is responsive to consumers, providers and the needs of their jurisdiction.
- Identifying individuals in their jurisdiction in need of mental health services
- Identifying support services to assist persons with mental illness to become as independent as possible
- Safeguard against unnecessary utilization of publicly funded services
- Review consumer and provider satisfaction and process grievances and complaints. Please call the CSA in your area for guidance in submitting a complaint.
- Review authorized and paid claims
- Evaluate the cost effectiveness and quality of services delivered

## Behavioral Health Glossary

### Behavioral Health Professionals:

**Advanced Practice Psychiatric Nurses (A.P.R.N./P.M.H.)** – A registered nurse certified by the Maryland State Board of Nursing, who is able to independently engage in the following activities: An A.P.R.N. is able to diagnose individuals with mental health diagnoses.

- *"Nurse Psychotherapist" – A registered nurse, who practices psychotherapy in a structured relationship with the client*
- *"Psychiatric Nurse Practitioner" – An experienced registered nurse who possesses advanced training and education in the area of diagnosing and treating illness. Nurse practitioners are able to prescribe medication. Psychiatric nurse practitioners specialize in providing psychiatric care to individuals.*

**Certified Alcohol and Drug Counselor (C.A.D.C.)** – A certified individual that provides alcohol and drug counseling

**Clinical Social Worker (A.C.S.W., L.C.S.W., L.C.S.W.-C.)** – Clinical Social Workers hold a Masters degree in social work (MSW), and specialize in clinical practice. Clinical social workers must be licensed by the State of Maryland.

**Licensed Clinical Professional Counselor (L.C.P.C.)** – A Licensed Clinical Professional Counselor possesses a Master's degree in professional counseling. L.C.P.C.'s must be certified by the State Board of Examiners.

**Paraprofessionals** – Paraprofessionals work under a trained professional in clinical settings, i.e.: Licensed Social Work Associates (Bachelor level social workers).

**Psychiatrist (M.D.)** – A medical doctor who possesses specialized training in the field of psychiatry. Psychiatrists must be licensed physicians in the state in which they practice and must also be certified by the American Board of Psychiatry.

**Psychologist (Ph.D.)** – A psychologist possesses a doctoral degree in psychology. One must be licensed by the Maryland State Board of Examiners of Psychologists. A psychologist can be a clinical or a counseling psychologist.

# Behavioral Health Glossary

## Behavioral Health Terms:

**Case Management** – A process which plans, coordinates and implements services required to meet an individual's needs.

**Dual Diagnosis Treatment** – Treatment for an individual with substance abuse issues as well as a mental health diagnosis.

**Evidence Based Practice (EBP)** – preferential use of mental and behavioral health interventions for which systematic empirical research has provided evidence of statistically significant effectiveness as treatments for specific problems.

**Family Psychoeducation** – providing education to individuals living with mental illness and their families with a goal of assisting the individual and their family to better understand and deal with his/her present illness, avoid relapse and contribute to their own health and wellness on a long-term basis.

**IOP** (Intensive Outpatient Program) – The highest level of outpatient treatment before inpatient care.

**Life Coaching**– addresses specific issues in the client's personal life, relationships or profession by examining what is going on right now, discovering what the obstacles or challenges might be, and choosing a course of action to make life be what the patient wants it to be.

**Medication Evaluation** – A psychiatrist or nurse practitioner monitors and evaluates a client's medications to ensure that the client is on the proper medications. Medication evaluations can be done at various intervals.

**Neuropsychiatrist**- A psychiatrist who specializes in understanding the biology, chemistry, and physics of the brain to help diagnose and treat mental disorders.

**Outpatient** – Treatment that is given in the community and not in a hospitalized setting.

**PHP** (Partial Hospitalization Program) – A short-term day program that offers psychiatric services. PHP is less intrusive and traumatic than inpatient care. Clients are able to return to their homes at the end of the day, while still remaining under the care of mental health professionals on a daily basis.

**Peer Support** – Individuals or family members of those living with Mental Illness coming together to provide a self directed, grassroots association that works to enhance the mental health of other local consumers. Peer support members meet as equals to give each other support on a reciprocal basis.

**Psychiatric Evaluation** – An evaluation performed by a psychiatrist or nurse practitioner. A psychiatric evaluation includes the history of the present illness, current symptoms the individual is experiencing, past history of illness, family history, a review of medications, mental status examinations and a physical examination.

**PRP** (Psychiatric Rehabilitation Program) – A program that provides support and rehabilitation to individuals who suffer from mental illness. PRP focuses on daily living skills through the use of the community environment.

**Psychological Testing** – Tests which are given to individuals to assess and evaluate information. Psychological tests are administered and interpreted by a psychologist.

**RRP** (Residential Rehabilitation Program) – RRP housing is for individuals with a chronic mental health diagnosis, who are unable to live independently in the community.

**Respite** – Temporary shelter for a person in need of short term relief from a crisis they are experiencing or to provide relief to a caregiver.

**Sliding Scale** – Fees are set according to the client's ability to pay (i.e., if the client has no income, the fee would be \$0)

**Social Service Organization** – A community organization that assists individuals with such needs as locating housing, financial assistance and locating resources.

**Supported Employment** – system of support for individuals living with disabilities in regards to ongoing employment in integrated settings.

**Telemedicine** – medical information transferred through interactive audiovisual media for the purpose of consultation or the delivery of clinical care.

**Uninsured** – An individual is uninsured if they do not have private insurance, Medicaid or Medicare.

# Community Behavioral Health Providers

<b>Accessible Wellness Enterprises</b>	
Address	100 North Camden Avenue, Fruitland, MD 21826
Phone	443-783-6568
Fax	none
Website/Email	andreatravisward@comcast.net
Language Services	None
Payment Type(s)	Medicaid, sliding scale
<b>Mental Health Services</b>	
<input checked="" type="checkbox"/> Indv. Therapy Ages - 6+	<input checked="" type="checkbox"/> Group Therapy
<input checked="" type="checkbox"/> Family Therapy	<input type="checkbox"/> Dual Diagnosis
<input type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Peer Support
<input type="checkbox"/> Respite	
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	
<input type="checkbox"/> Addictions Services	
Other Wellness Services: Parenting and Adolescent Group, Open Weekends and Evenings until 8:00 p.m. Life Coaching	

<b>Advanced Behavioral Health Counseling, LLC</b>	
Address	110 West Church Street, Suite C, Salisbury, MD 21801
Phone	443-305-6428
Fax	410-543-1901
Website/Email	psypod@aol.com
Language Services	None
Payment Type(s)	Medicare, Tricare, private insurance, self pay
<b>Mental Health Services</b>	
<input checked="" type="checkbox"/> Indv. Therapy Ages - 16+	<input checked="" type="checkbox"/> Group Therapy
<input checked="" type="checkbox"/> Family Therapy	<input checked="" type="checkbox"/> Dual Diagnosis
<input type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Peer Support
<input type="checkbox"/> Respite	
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	
<input checked="" type="checkbox"/> Addictions Services	
Other Wellness Services: Anger Management Group, Trauma Group, Women's Group	

<b>Anderson, Eva K., Ph.D.</b>	
Address	540 Riverside Drive, Suite 2, Salisbury, MD 21801
Phone	410-548-7883
Fax	410-548-2831
Website/Email	Not Applicable
Language Services	None
Payment Type(s)	Medicare supplement, private insurance
<b>Mental Health Services</b>	
<input checked="" type="checkbox"/> Indv. Therapy – Ages-2+	<input type="checkbox"/> Group Therapy
<input type="checkbox"/> Family Therapy	<input type="checkbox"/> Dual Diagnosis
<input type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Peer Support
<input type="checkbox"/> Respite	
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	
<input type="checkbox"/> Addictions Services	
Other Wellness Services: Psychological Testing	

<b>Atlantic Health Center</b>	
Address	9714 Healthway Drive, Berlin, MD 21811
Phone	410-641-3340
Fax	410-641-3341
Website/Email	www.atlanticgeneral.org
Language Services	language line
Payment Type(s)	Medicaid, Medicare, private insurance, self pay
<b>Mental Health Services</b>	
<input checked="" type="checkbox"/> Indv. Therapy Ages - 6+	<input checked="" type="checkbox"/> Group Therapy
<input checked="" type="checkbox"/> Family Therapy	<input checked="" type="checkbox"/> Dual Diagnosis
<input checked="" type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Peer Support
<input type="checkbox"/> Respite	
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	
<input type="checkbox"/> Addictions Services	
Other Wellness Services: Couples Counseling	

# Community Behavioral Health Providers

<b>Atlantic Psychological Practice</b>	
Address	106 Milford Street, #104, Salisbury, MD 21804
Phone	410-543-8291
Fax	410-341-6275
Website/Email	www.atlanticpsychological.com
Language Services	None
Payment Type(s)	Medicaid, private insurance, self-pay, sliding scale
<b>Mental Health Services</b>	
<input checked="" type="checkbox"/> Indv. Therapy Ages - 2+	<input checked="" type="checkbox"/> Group Therapy
<input checked="" type="checkbox"/> Family Therapy	<input type="checkbox"/> Dual Diagnosis
<input type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Peer Support
<input type="checkbox"/> Respite	
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	
<input type="checkbox"/> Addictions Services	
Other Wellness Services: Diagnostic Evaluations	

<b>Beers, Catherine Mary, LCSW-C</b>	
Address	540 Riverside Dr., Suite 15, Salisbury, MD 21801
Phone	443-219-0072
Fax	443-548-1096
Website/Email	Cbeers649@comcast.net
Language Services	None
Payment Type(s)	Medicaid, Medicare, Private Insurance, Self-Pay
<b>Mental Health Services</b>	
<input checked="" type="checkbox"/> Indv. Therapy Ages - 4+	<input type="checkbox"/> Group Therapy
<input checked="" type="checkbox"/> Family Therapy	<input type="checkbox"/> Dual Diagnosis
<input checked="" type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Peer Support
<input type="checkbox"/> Respite	
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	
<input type="checkbox"/> Addictions Services	
Other Wellness Services: Anger Management, Couples Therapy, Trauma-Based Therapy	

<b>Center for Clean Start (C4CS)</b>	
Address	926 Snow Hill Road, Cottage 200, Salisbury, MD 21804
Phone	410-742-3460
Fax	410-742-5810
Website/Email	www.worcesterhealth.org
Language Services	Interpreters available upon request
Payment Type(s)	Medicaid, Medicare, private insurance, self pay, sliding scale
<b>Addictions Services</b>	
<input checked="" type="checkbox"/> Outpatient Adult Ages - 18+	<input type="checkbox"/> Residential Adult
<input checked="" type="checkbox"/> Intensive Outpatient Ages - 18+	<input type="checkbox"/> Detox Adult
<input type="checkbox"/> Partial Hospitalization	<input checked="" type="checkbox"/> Halfway House Adult for women
<input type="checkbox"/> Transitional Housing Adult	
<input checked="" type="checkbox"/> Mental Health Services	
Other Wellness Services: Group Therapy, Dual Diagnosis, Psychiatric Evaluations, Referral to detox and long-term residential treatment, Psychiatric and med. management in collaboration with Sheppard Pratt through telemedicine	

<b>Chesapeake Counseling and Psychological Service</b>	
Address	1813 Sweet Bay, Suite 1, Salisbury, MD 21801
Phone	410-546-6126
Fax	410-543-2233
Website/Email	ccps2013@comcast.net
Language Services	None
Payment Type(s)	Medicaid, Medicare, private insurance
<b>Mental Health Services</b>	
<input checked="" type="checkbox"/> Indv. Therapy – Ages- 5+	<input type="checkbox"/> Group Therapy
<input checked="" type="checkbox"/> Family Therapy	<input checked="" type="checkbox"/> Dual Diagnosis
<input checked="" type="checkbox"/> Psychiatric Evaluations	<input checked="" type="checkbox"/> Peer Support
<input type="checkbox"/> Respite	
<input checked="" type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	
<input checked="" type="checkbox"/> Addictions Services	
Other Wellness Services: Outpatient Addiction Service Adult Ages- 18+	

## Community Behavioral Health Providers

<b>Children's Choice</b>	
Address	230 Florida Avenue, Salisbury, MD 21801
Phone	410-860-0484
Fax	410-219-2640
Website/Email	ccrespite@aol.com
Language Services	None
Payment Type(s)	Medicaid recipients only
<b>Mental Health Services</b>	
<input type="checkbox"/> Indv. Therapy	<input type="checkbox"/> Group Therapy
<input type="checkbox"/> Family Therapy	<input type="checkbox"/> Dual Diagnosis
<input type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Peer Support
<input checked="" type="checkbox"/> Respite	
<input checked="" type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	
<input type="checkbox"/> Addictions Services	
Other Wellness Services: Ages 3-17	

<b>Coastal Psychology &amp; Education Assoc.</b>	
Address	10031 Old Ocean City Road, Suite 206 Berlin MD, 21811
Phone	410-208-4784
Fax	1-855-201-7322
Website/Email	www.coastalpsychology.org
Language Services	None
Payment Type(s)	Medicaid, private insurance
<b>Mental Health Services</b>	
<input checked="" type="checkbox"/> Indv. Therapy Ages - 14+	<input type="checkbox"/> Group Therapy
<input checked="" type="checkbox"/> Family Therapy	<input type="checkbox"/> Dual Diagnosis
<input type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Peer Support
<input type="checkbox"/> Respite	
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	
<input type="checkbox"/> Addictions Services	
Other Wellness Services: Clinical Hypnotherapy, Psychological Evaluations	

<b>J. David Collins and Associates, LLC</b>	
Address	540 Riverside Drive, Suite 8, Salisbury, MD 21801
Phone	410-548-3333
Fax	410-548-3341
Website/Email	www.jdavidcollins.com / david@jdavidcollins.com
Language Services	Not Applicable
Payment Type(s)	Medicaid, Medicare, private insurance, self pay
<b>Mental Health Services</b>	
<input checked="" type="checkbox"/> Indv. Therapy Ages - 10+	<input checked="" type="checkbox"/> Group Therapy
<input checked="" type="checkbox"/> Family Therapy	<input checked="" type="checkbox"/> Dual Diagnosis
<input checked="" type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Peer Support
<input type="checkbox"/> Respite	
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	
<input checked="" type="checkbox"/> Addictions Services	
Other Wellness Services: Life Coaching	

<b>Community Behavioral Health</b>	
Address	2013 Northwood Drive, Suite 1, Salisbury, MD 21801
Phone	410-334-6687
Fax	410-334-6700
Website/Email	communitybehavioralhealth.net
Language Services	None
Payment Type(s)	Medicaid, private insurance, self pay, uninsured
<b>Mental Health Services</b>	
<input checked="" type="checkbox"/> Indv. Therapy Ages - 4+	<input checked="" type="checkbox"/> Group Therapy
<input checked="" type="checkbox"/> Family Therapy	<input checked="" type="checkbox"/> Dual Diagnosis
<input checked="" type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Peer Support
<input type="checkbox"/> Respite	
<input checked="" type="checkbox"/> PRP <input type="checkbox"/> RRP <input checked="" type="checkbox"/> PHP	
<input checked="" type="checkbox"/> Addictions Services	
Other Wellness Services: Addiction Outpatient Services (adult only)	

# Community Behavioral Health Providers

<b>Counseling Associates</b>	
Address	106 Milford Street, Suite 501-B, Salisbury, MD 21804
Address	10031 Old Ocean City Road, Suite 106, Berlin, MD 21811
Phone	410-546-1692 / 410-641-3121
Fax	410-548-9056
Website/Email	www.catherapy.com
Language Services	None
Payment Type(s)	Medicaid, Medicare, self pay
<b>Mental Health Services</b>	
<input checked="" type="checkbox"/> Indv. Therapy – Ages- 2+	<input type="checkbox"/> Group Therapy
<input checked="" type="checkbox"/> Family Therapy	<input type="checkbox"/> Dual Diagnosis
<input type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Peer Support
<input type="checkbox"/> Respite	
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	
<input type="checkbox"/> Addictions Services	
Other Wellness Services:	
Couples Therapy, Alcohol education for first time DUI/DWI offenders, drug and alcohol testing	

<b>Delmarva Counseling Center</b>	
Address	28 East State Street, Delmar, MD 21875
Phone	410-896-3995
Fax	410-896-2825
Website/Email	bhhamilton@comcast.net
Language Services	Spanish
Payment Type(s)	Medicaid, some private insurance, self pay
<b>Mental Health Services</b>	
<input checked="" type="checkbox"/> Indv. Therapy - adolescent and up	<input checked="" type="checkbox"/> Group Therapy
<input checked="" type="checkbox"/> Family Therapy	<input checked="" type="checkbox"/> Dual Diagnosis
<input checked="" type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Peer Support
<input type="checkbox"/> Respite	
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	
<input checked="" type="checkbox"/> Addictions Services	
Other Wellness Services:	

<b>Donnelly, Leslie H., Psychologist</b>	
Address	116-118 West Main St., Plaza Gateway Bldg., Suite 300,
	Salisbury, MD 21801
Phone	410-941-8439
Fax	410-546-1048
Website/Email	None
Language Services	None
Payment Type(s)	Medicaid, Medicare, Private Insurance, Self-Pay
<b>Mental Health Services</b>	
<input checked="" type="checkbox"/> Indv. Therapy Ages - 17+	<input type="checkbox"/> Group Therapy
<input checked="" type="checkbox"/> Family Therapy	<input type="checkbox"/> Dual Diagnosis
<input type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Peer Support
<input type="checkbox"/> Respite	
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	
<input type="checkbox"/> Addictions Services	
Other Wellness Services:	

<b>Eastern Shore Psychological Services</b>	
Address	2336 Goddard Parkway, Salisbury, MD 21801
Address	11120 Somerset Avenue, Princess Anne, MD 21853
Phone	Salisbury 410-334-6961      Princess Anne 410-651-4200
Fax	Salisbury 410-334-6960      Princess Anne 410-651-4290
Website/Email	www.espsmd.com
Language Services	None
Payment Type(s)	Medicaid, Medicare, private insurance, sliding scale, uninsured
<b>Mental Health Services</b>	
<input checked="" type="checkbox"/> Indv. Therapy Ages - All	<input checked="" type="checkbox"/> Group Therapy
<input checked="" type="checkbox"/> Family Therapy	<input checked="" type="checkbox"/> Dual Diagnosis
<input checked="" type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Peer Support
<input type="checkbox"/> Respite	
<input checked="" type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	
<input checked="" type="checkbox"/> Addictions Services	
Other Wellness Services:	



## Community Behavioral Health Providers

Eastern Shore Social Services Catholic Charities Seton Center	
Address	30632 Hampden Avenue, PO Box 401, Princess Anne, MD 21853
Phone	410-651-9608
Fax	410-651-1437
Website/Email	Not Applicable
Language Services	None
Payment Type(s)	Medicaid, Medicare, private insurance, sliding scale
<b>Mental Health Services</b>	
<input checked="" type="checkbox"/> Indv. Therapy Ages - 10+	<input type="checkbox"/> Group Therapy
<input checked="" type="checkbox"/> Family Therapy	<input checked="" type="checkbox"/> Dual Diagnosis
<input type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Peer Support
	<input type="checkbox"/> Respite
	<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP
	<input type="checkbox"/> Addictions Services
Other Wellness Services:	

Friendship Network	
Address	406 Trinity Drive, Salisbury, MD 21801
Phone	410-546-3619
Fax	410-546-5387
Website/Email	Link available at <a href="http://www.gogettersinc.org">www.gogettersinc.org</a>
Language Services	None
Payment Type(s)	Medicaid, Medicare, uninsured
<b>Mental Health Services</b>	
<input type="checkbox"/> Indv. Therapy	<input type="checkbox"/> Group Therapy
<input type="checkbox"/> Family Therapy	<input type="checkbox"/> Dual Diagnosis
<input type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Peer Support
	<input type="checkbox"/> Respite
	<input checked="" type="checkbox"/> PRP <input checked="" type="checkbox"/> RRP <input type="checkbox"/> PHP
	<input type="checkbox"/> Addictions Services
Other Wellness Services: Services for the older adult	

Garner, Doris Christine, Ph.D.	
Address	10031 Old Ocean City Boulevard, Suite 203, Berlin, MD 21811
Address	8420 Follow Ditch Road, Westover MD, 21871
Phone	410-957-3105
Fax	410-957-3148
Website/Email	None
Language Services	None
Payment Type(s)	Medicare, private insurance
<b>Mental Health Services</b>	
<input checked="" type="checkbox"/> Indv. Therapy Ages - 5+	<input type="checkbox"/> Group Therapy
<input checked="" type="checkbox"/> Family Therapy	<input checked="" type="checkbox"/> Dual Diagnosis
<input type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Peer Support
	<input type="checkbox"/> Respite
	<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP
	<input checked="" type="checkbox"/> Addictions Services
Other Wellness Services: ADHD Testing	

Go-Getters, Inc.	
Address	431 East Main Street, Salisbury, MD 21801
Address	11559 Somerset Avenue, Princess Anne, MD 21853
Address	7033 Worcester Highway, Newark, MD 21841
Phone	Salisbury 410-546-0381    Princess Anne 410-651-1547    Newark 410-632-3737
Fax	Salisbury 410-742-8883    Princess Anne 410-651-4872    Newark 410-632-1283
Website/Email	<a href="http://www.gogettersinc.org">www.gogettersinc.org</a>
Language Services	none
Payment Type(s)	Medicaid, Medicare, uninsured (RRP only)
<b>Mental Health Services</b>	
<input type="checkbox"/> Indv. Therapy	<input type="checkbox"/> Group Therapy
<input type="checkbox"/> Family Therapy	<input type="checkbox"/> Dual Diagnosis
<input type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Peer Support
	<input checked="" type="checkbox"/> Respite
	<input checked="" type="checkbox"/> PRP <input checked="" type="checkbox"/> RRP <input type="checkbox"/> PHP
	<input type="checkbox"/> Addictions Services
Other Wellness Services:	

# Community Behavioral Health Providers

<b>Harkhani, Jay, M.D.</b>	
Address	1300-A South Division Street, Salisbury, MD 21804
Phone	410-219-3488
Fax	410-219-5900
Website/Email	Not Applicable
Language Services	None
Payment Type(s)	Medicaid, Medicare, private insurance, self pay
<b>Mental Health Services</b>	
<input type="checkbox"/> Indv. Therapy	<input type="checkbox"/> Group Therapy
<input type="checkbox"/> Family Therapy	<input type="checkbox"/> Dual Diagnosis
<input checked="" type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Peer Support
<input type="checkbox"/> Respite	
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	
<input type="checkbox"/> Addictions Services	
Other Wellness Services: Medication Management, Inpatient Service at PRMC	

<b>Hudson Health Services</b>	
Address	P.O. Box 1096, Salisbury, MD 21802
Phone	410-219-9000
Fax	410-742-7048
Website/Email	www.hudson-health.org
Language Services	Not Applicable
Payment Type(s)	Medicaid, private insurance, self pay
<b>Addictions Services</b>	
<input type="checkbox"/> Outpatient Adult	<input checked="" type="checkbox"/> Residential Adult
<input type="checkbox"/> Intensive Outpatient	<input checked="" type="checkbox"/> Detox Adult
<input checked="" type="checkbox"/> Partial Hospitalization Ages - 18+	<input checked="" type="checkbox"/> Halfway House Adult
<input checked="" type="checkbox"/> Transitional Housing Adult	
<input checked="" type="checkbox"/> Mental Health Services	
Other Wellness Services: Psychiatric Evaluations, Group Therapy, Dual Diagnosis	

<b>Isaacs, Amy P., LCSW-C</b>	
Address	106 West Circle Avenue, Suite 106, Salisbury, MD 21801
Phone	410-543-1814
Fax	None
Website/Email	amy.isaacs@comcast.net
Language Services	None
Payment Type(s)	Medicaid, Medicare, private insurance, self pay, sliding scale
<b>Mental Health Services</b>	
<input checked="" type="checkbox"/> Indv. Therapy – Ages 3+	<input type="checkbox"/> Group Therapy
<input type="checkbox"/> Family Therapy	<input type="checkbox"/> Dual Diagnosis
<input type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Peer Support
<input type="checkbox"/> Respite	
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	
<input type="checkbox"/> Addictions Services	
Other Wellness Services: Sand play, Art therapy	

<b>Life Crisis Center</b>	
Address	
Phone	1-800-422-0009 / 410-749-4357 / 2-1-1
Fax	410-548-9496
Website/Email	www.lifecrisiscenter.org
Language Services	Spanish onsite
Payment Type(s)	Trauma Victims Only
<b>Mental Health Services</b>	
<input checked="" type="checkbox"/> Indv. Therapy - All Ages	<input checked="" type="checkbox"/> Group Therapy
<input type="checkbox"/> Family Therapy	<input type="checkbox"/> Dual Diagnosis
<input type="checkbox"/> Psychiatric Evaluations	<input checked="" type="checkbox"/> Peer Support
<input type="checkbox"/> Respite	
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	
<input type="checkbox"/> Addictions Services	
Other Wellness Services: Trauma Victims Only - Domestic Violence, Rape, Child Abuse, Suicide Information, and Referral Services	

## Community Behavioral Health Providers

<b>Life Solutions of Delmarva, LLC</b>	
Address	110 West Church Street, Suite C, Salisbury MD, 21801
Phone	410-845-4888
Fax	410-749-1589
Website/Email	Not Applicable
Language Services	Not Applicable
Payment Type(s)	Medicaid, Medicare, private insurance, self pay
<b>Mental Health Services</b>	
<input checked="" type="checkbox"/> Indv. Therapy Ages - 2+	<input checked="" type="checkbox"/> Group Therapy
<input checked="" type="checkbox"/> Family Therapy	<input checked="" type="checkbox"/> Dual Diagnosis
<input type="checkbox"/> Psychiatric Evaluations	<input checked="" type="checkbox"/> Peer Support
<input type="checkbox"/> Respite	
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	
<input type="checkbox"/> Addictions Services	
Other Wellness Services: Parenting, Anger Management, Loss and Grief	

<b>Lighthouse Counseling &amp; Consulting Services</b>	
Address	1504 Market Street, Pocomoke City, MD 21851
Phone	410-957-4200
Fax	410-957-6842
Website/Email	<a href="http://www.wellness.com/dir/3235512/counselor/md/pocomoke-city/dr-lynn-duffy--lighthouse-counseling--consulting-services">http://www.wellness.com/dir/3235512/counselor/md/pocomoke-city/dr-lynn-duffy--lighthouse-counseling--consulting-services</a>
Language Services	English, Elementary and basic Spanish
Payment Type(s)	Most major insurances accepted, includes, but not limited to Medical Assistance, Tricare, Carefirst, Military OneSource, sliding fee scale upon contract
<b>Mental Health Services</b>	
<input checked="" type="checkbox"/> Indv. Therapy	<input checked="" type="checkbox"/> Group Therapy
<input checked="" type="checkbox"/> Family Therapy	<input type="checkbox"/> Dual Diagnosis
<input type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Peer Support
<input type="checkbox"/> Respite	
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	
<input type="checkbox"/> Addictions Services	
Other Wellness Services: Couples Therapy, Specializes in CBT for Depression and Anxiety, Trauma and Sex Offender Treatment,	

<b>Lower Shore Clinic</b>	
Address	505 East Main Street, Salisbury, MD 21801
Phone	410-341-3420
Fax	410-341-3397
Website/Email	Link available at <a href="http://www.gogettersinc.org">www.gogettersinc.org</a>
Language Services	Not Applicable
Payment Type(s)	Medicare, Medicaid, sliding fee scale, uninsured
<b>Mental Health Services</b>	
<input checked="" type="checkbox"/> Indv. Therapy Ages - 18+	<input checked="" type="checkbox"/> Group Therapy
<input checked="" type="checkbox"/> Family Therapy	<input checked="" type="checkbox"/> Dual Diagnosis
<input checked="" type="checkbox"/> Psychiatric Evaluations	<input checked="" type="checkbox"/> Peer Support
<input type="checkbox"/> Respite	
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	
<input type="checkbox"/> Addictions Services	
Other Wellness Services: Family Psycho-education, Mobile Treatment Team, Physical Care-Nurse Practitioner, Check-ups	

# Community Behavioral Health Providers

<b>Maple Shade Youth and Family Services</b>	
Address	23704 Ocean Gateway, Mardela Springs, MD 21837
Address	382 West Main Street, Crisfield, MD 21817
Address	11793 Somerset Avenue, Princess Anne, MD 21853 (mail to Crisfield)
Phone	Mardela 410-742-7400    Crisfield & Princess Anne 410-202-2750
Fax	Mardela 410-742-6452    Crisfield & Princess Anne 410-202-2752
Website/Email	www.maple-shade.org
Language Services	All languages available via interpreter services
Payment Type(s)	Medicaid
<b>Mental Health Services</b>	
<input checked="" type="checkbox"/> Indv. Therapy Ages - 4-18	<input checked="" type="checkbox"/> Group Therapy
<input checked="" type="checkbox"/> Family Therapy	<input checked="" type="checkbox"/> Dual Diagnosis
<input checked="" type="checkbox"/> Psychiatric Evaluations	<input checked="" type="checkbox"/> Peer Support
	<input checked="" type="checkbox"/> Respite
	<input checked="" type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP
	<input type="checkbox"/> Addictions Services
Other Wellness Services: Therapeutic Foster Care, Mental Health Vocational Program, Therapeutic Behavioral Aid Services	

<b>Peer Connections</b>	
Address	108 West Lehigh Avenue, Salisbury, MD 21801
Phone	410-546-1822
Fax	410-548-7682
Website/Email	Link available at www.gogettersinc.org
Language Services	Not Applicable
Payment Type(s)	Medicaid, Medicare, uninsured
<b>Mental Health Services</b>	
<input type="checkbox"/> Indv. Therapy	<input type="checkbox"/> Group Therapy
<input type="checkbox"/> Family Therapy	<input checked="" type="checkbox"/> Dual Diagnosis
<input type="checkbox"/> Psychiatric Evaluations	<input checked="" type="checkbox"/> Peer Support
	<input type="checkbox"/> Respite
	<input checked="" type="checkbox"/> PRP <input checked="" type="checkbox"/> RRP <input type="checkbox"/> PHP
	<input type="checkbox"/> Addictions Services
Other Wellness Services: Addictions services available include RRP and PRP (adults only)	

<b>Peninsula Addiction Services</b>	
Address	104 Market Street, Salisbury, MD 21801
Phone	410-860-2673
Fax	410-860-0450
Website/Email	www.penmhs.com
Language Services	limited service available
Payment Type(s)	Medicaid, most private insurance, self pay
<b>Addictions Services</b>	
<input checked="" type="checkbox"/> Outpatient Adult Ages - 18+	<input type="checkbox"/> Residential Adult
<input checked="" type="checkbox"/> Intensive Outpatient Ages - 18+	<input type="checkbox"/> Detox Adult
<input checked="" type="checkbox"/> Partial Hospitalization	<input type="checkbox"/> Halfway House Adult
	<input type="checkbox"/> Transitional Housing Adult
	<input checked="" type="checkbox"/> Mental Health Services
Other Wellness Services: Family, adolescent and adult programs, transportation for adolescents, referrals to inpatient programs	

<b>Peninsula Consulting Services, Inc.</b>	
Address	104 Williamsport Circle, Suite C, Salisbury, MD 21804
Phone	443-859-8699
Fax	443-859-8747
Website/Email	None
Language Services	English, Language Link Used
Payment Type(s)	Medicaid, Medicare, private insurance
<b>Mental Health Services</b>	
<input checked="" type="checkbox"/> Indv. Therapy Ages – 12+	<input checked="" type="checkbox"/> Group Therapy
<input checked="" type="checkbox"/> Family Therapy	<input checked="" type="checkbox"/> Dual Diagnosis
<input type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Peer Support
	<input type="checkbox"/> Respite
	<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP
	<input type="checkbox"/> Addictions Services
Other Wellness Services:	

# Community Behavioral Health Providers

<b>ReConnections</b>	
Address	31413 Winter Place Pkwy, Unit 102, Salisbury, MD 21804
Phone	410-742-3055
Fax	443-944-0095
Website/Email	www.myreconnections.com / info@myreconnections.com
Language Services	None
Payment Type(s)	Medicaid, private insurance
<b>Mental Health Services</b>	
<input checked="" type="checkbox"/> Indv. Therapy Ages- 13+	<input checked="" type="checkbox"/> Group Therapy
<input checked="" type="checkbox"/> Family Therapy	<input type="checkbox"/> Dual Diagnosis
<input type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Peer Support
<input type="checkbox"/> Respite	
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	
<input type="checkbox"/> Addictions Services	
Other Wellness Services: Life Coaching, Psychological Testing	

<b>Reeves, Talmadge, M.D.</b>	
Address	233 W. Main St, Salisbury, MD 21801
Phone	410-749-0124
Fax	410-546-4872
Website/Email	N/A
Language Services	None
Payment Type(s)	Self Pay (cash or check only)
<b>Mental Health Services</b>	
<input checked="" type="checkbox"/> Indv. Therapy Ages- 18+	<input type="checkbox"/> Group Therapy
<input type="checkbox"/> Family Therapy	<input type="checkbox"/> Dual Diagnosis
<input checked="" type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Peer Support
<input type="checkbox"/> Respite	
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	
<input type="checkbox"/> Addictions Services	
Other Wellness Services:	

<b>Richardson, Ilene LCPC</b>	
Address	1902 Kipling Drive, Salisbury, MD 21801
Phone	410-713-0709
Fax	410-546-0264
Website/Email	ilenerichardsonlcpc@gmail.com
Language Services	None
Payment Type(s)	Medicaid, private insurance
<b>Mental Health Services</b>	
<input checked="" type="checkbox"/> Indv. Therapy – Ages- 2+	<input checked="" type="checkbox"/> Group Therapy
<input checked="" type="checkbox"/> Family Therapy	<input checked="" type="checkbox"/> Dual Diagnosis
<input type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Peer Support
<input type="checkbox"/> Respite	
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	
<input type="checkbox"/> Addictions Services	
Other Wellness Services: Art Therapy	

<b>Seaside Counseling and Wellness Center</b>	
Address	11809 Ocean Gateway, Suites 2 & 5, Ocean City, MD 21842
Phone	410-213-7875
Fax	410-213-7877
Website/Email	www.seasidecounselingandwellness.com / seasidecounseling@gmail.com
Language Services	None
Payment Type(s)	Medicaid, private insurance
<b>Mental Health Services</b>	
<input checked="" type="checkbox"/> Indv. Therapy Ages – 4+	<input checked="" type="checkbox"/> Group Therapy
<input checked="" type="checkbox"/> Family Therapy	<input type="checkbox"/> Dual Diagnosis
<input type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Peer Support
<input type="checkbox"/> Respite	
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	
<input type="checkbox"/> Addictions Services	
Other Wellness Services: Anger Management, Community Classes, Walk and Talk Therapy, Continuing Education Classes	

# Community Behavioral Health Providers

<b>Somerset County Health Department Behavioral Health</b>	
Address	8928 Sign Post Road, Suite 2, Westover, MD 21871
Phone	443 523-1790
Fax	410-651-3189
Website/Email	www.somersethd.org
Language Services	Spanish
Payment Type(s)	Medicaid, private insurance, sliding scale
<b>Addictions Services</b>	
<input checked="" type="checkbox"/> Outpatient - 12+	<input type="checkbox"/> Residential Adult
<input checked="" type="checkbox"/> Intensive Outpatient - 18+	<input type="checkbox"/> Detox Adult
<input type="checkbox"/> Partial Hospitalization	<input type="checkbox"/> Halfway House Adult
<input checked="" type="checkbox"/> Transitional Housing Adult	
<input type="checkbox"/> Mental Health Services	
Other Wellness Services: Suboxone, Co-Occuring, Case Mgmt., Spanish Speaking Outpatient, Telepsychiatry, Homeless Somerset Wellness & Recovery Ctr. 11408 Somerset Ave, Princess Anne, MD, 443-783-4112, peer support, recovery coaching, smoking cessation, chronic disease prevention	

<b>Southern Delmarva Counseling</b>	
Address	19 Mill Lane, Crisfield, MD 21817
Phone	410-968-0569
Fax	Not Applicable
Website/Email	Not Applicable
Language Services	None
Payment Type(s)	Medicaid
<b>Mental Health Services</b>	
<input checked="" type="checkbox"/> Indv. Therapy - All Ages	<input type="checkbox"/> Group Therapy
<input type="checkbox"/> Family Therapy	<input type="checkbox"/> Dual Diagnosis
<input type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Peer Support
<input type="checkbox"/> Respite	
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	
<input type="checkbox"/> Addictions Services	
Other Wellness Services: Psychological Testing	

<b>Stange, Carol, LCSW</b>	
Address	106 Circle Avenue, Suite 106, Salisbury, MD 21801
Phone	410-430-0727
Fax	None
Website/Email	engleside@aol.com
Language Services	None
Payment Type(s)	Medicaid, Medicare, private insurance
<b>Mental Health Services</b>	
<input checked="" type="checkbox"/> Indv. Therapy – Ages- 5+	<input checked="" type="checkbox"/> Group Therapy
<input checked="" type="checkbox"/> Family Therapy	<input type="checkbox"/> Dual Diagnosis
<input type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Peer Support
<input type="checkbox"/> Respite	
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	
<input type="checkbox"/> Addictions Services	
Other Wellness Services: Couples Counseling	

# Community Behavioral Health Providers

<b>The Personal Wellness Center</b>	
Address	106 Milford St., Suite 701, Salisbury, MD 21804
Phone	410-742-6016
Fax	410-742-6014
Website/Email	http://thepersonalwellnesscenter.com
Language Services	Spanish
Payment Type(s)	Medicaid, Medicare, private insurance, sliding scale
<b>Mental Health Services</b>	
<input checked="" type="checkbox"/> Indv. Therapy Ages – 6+	<input checked="" type="checkbox"/> Group Therapy
<input checked="" type="checkbox"/> Family Therapy	<input type="checkbox"/> Dual Diagnosis
<input checked="" type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Peer Support
<input type="checkbox"/> Respite	
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	
<input type="checkbox"/> Addictions Services	
Other Wellness Services: Aquamassage, Bioelectrography, Clinical Hypnosis, Emotionally Focused Therapy (EPT), Energy Therapy, Life Coaching, Nutrition & Healthy Body, Pain Management, Reiki, Smoking Cessation, Spiritual Journey, Stress Management, Wellness Workshops	

<b>Three Lower Counties Community Services</b>	
Address	1104 Healthway Drive (2 <sup>nd</sup> floor), Salisbury, MD 21804
Address	12145 Elm Street (2 <sup>nd</sup> floor), Princess Anne, MD 21853
Phone	Salisbury 410-219-5483      Princess Anne 410-651-2204
Fax	Salisbury 410-219-3446      Princess Anne 410-651-1113
Website/Email	www.tlccs.org
Language Services	Spanish interpreters, language line
Payment Type(s)	Medicaid, Medicare, private ins, sliding scale, uninsured, self pay
<b>Mental Health Services</b>	
<input checked="" type="checkbox"/> Indv. Therapy Ages - 3+	<input checked="" type="checkbox"/> Group Therapy
<input checked="" type="checkbox"/> Family Therapy	<input type="checkbox"/> Dual Diagnosis
<input checked="" type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Peer Support
<input type="checkbox"/> Respite	
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	
<input type="checkbox"/> Addictions Services	
Other Wellness Services: Couples Therapy, Parenting Group, Play Therapy	

<b>Walsh, Mark, M.D.</b>	
Address	106 Milford St., Suite 306, Salisbury, MD 21804
Phone	410-677-6500
Fax	410-677-6502
Website/Email	N/A
Language Services	None
Payment Type(s)	Private Insurance
<b>Mental Health Services</b>	
<input checked="" type="checkbox"/> Indv. Therapy – Ages 18+	<input type="checkbox"/> Group Therapy
<input type="checkbox"/> Family Therapy	<input type="checkbox"/> Dual Diagnosis
<input type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Peer Support
<input type="checkbox"/> Respite	
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	
<input type="checkbox"/> Addictions Services	
Other Wellness Services:	

<b>White Flint Recovery, Inc.</b>	
Address	130 East Main Street, First Floor, Salisbury, MD 21804
Phone	Salisbury 410-749-6422
Fax	Salisbury 410-749-7861
Website/Email	whiteflintrec2@aol.com
Language Services	Spanish group
Payment Type(s)	Medicaid, private insurance, sliding scale, self pay
<b>Addictions Services</b>	
<input checked="" type="checkbox"/> Outpatient - All Ages	<input type="checkbox"/> Residential Adult
<input checked="" type="checkbox"/> Intensive Outpatient - All Ages	<input type="checkbox"/> Detox Adult
<input type="checkbox"/> Partial Hospitalization	<input type="checkbox"/> Halfway House Adult
<input type="checkbox"/> Transitional Housing Adult	
<input type="checkbox"/> Mental Health Services	
Other Wellness Services: Early Intervention DWI/DUI Education – all ages, Evaluation and Assessment, Addiction Education Program	

## Community Behavioral Health Providers

<b>Wicomico County Health Dept. Mental Health &amp; Addiction Programs</b>	
Address	108 East Main Street, Salisbury, MD 21801
Phone	Addictions- 410-742-3784      Behavioral Health- 410-334-3497
Fax	Addictions- 410-543-6680      Behavioral Health- 410-543-6680
Website/Email	www.wicomicohealth.org
Language Services	All languages available via interpreter or language line
Payment Type(s)	Medicaid, Medicare, private insurance, sliding scale
<b>Mental Health Services</b>	
<input checked="" type="checkbox"/> Indv. Therapy Ages - 3-18*	<input checked="" type="checkbox"/> Group Therapy <input type="checkbox"/> Respite
<input type="checkbox"/> Family Therapy	<input checked="" type="checkbox"/> Dual Diagnosis <input checked="" type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP
<input checked="" type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Peer Support <input checked="" type="checkbox"/> Addictions Services
Other Wellness Services: *up to 21 if in school and parents of a child receiving mental health services, Targeted Case Management, Minority Youth Outreach Addictions Services: IOP Ages 13+, Group Counseling, Methadone Clinic, Addiction Care Coordination	

<b>Worcester Addiction Cooperative Services (WACS)</b>	
Address	11827 Ocean Gateway, Ocean City, MD 21842
Phone	410-213-0202
Phone:	410-213-7061 Homeless Addicts Never Denied Services (HANDS)
Fax	410-213-1408
Website/Email	www.worcesterhealth.org
Language Services	Language line
Payment Type(s)	Medicaid, PAC, private insurance, sliding scale, self pay
<b>Addictions Services</b>	
<input checked="" type="checkbox"/> Outpatient Adult Ages - 18+	<input type="checkbox"/> Residential Adult <input type="checkbox"/> Transitional Housing Adult
<input checked="" type="checkbox"/> Intensive Outpatient Ages - 18+	<input type="checkbox"/> Detox Adult <input checked="" type="checkbox"/> Mental Health Services
<input type="checkbox"/> Partial Hospitalization	<input type="checkbox"/> Halfway House Adult
Other Wellness Services: Indv. and Group Therapy, Dual Diagnosis and Med. Management in collaboration with Sheppard Pratt through telemedicine. HANDS assists with linking to detox, inpatient services, halfway house and long term care. AA/NA mtgs are available downstairs through the Atlantic Club	

<b>Worcester County Health Department</b>	
Address	400-A Walnut Street, Pocomoke City, MD 21851 (Poc)
Address	9730 Healthway Drive, Berlin, MD 21811 (Ber)
Address	6040 Public Landing Road, Snow Hill, MD 21863 (SH)
Phone	Pocomoke 410-957-2005      Berlin 410-629-0164      Snow Hill 410-632-1100
Fax	Pocomoke 410-957-2417      Berlin 410-629-0185      Snow Hill 410-632-0906
Website/Email	www.worcesterhealth.org
Language Services	Language line
Payment Type(s)	Medicaid, Medicare, PAC, private ins., sliding scale, self-pay
<b>Mental Health Services</b>	
<input checked="" type="checkbox"/> Indv. Therapy Ages - 2+ all locations	<input checked="" type="checkbox"/> Group Therapy all locations <input type="checkbox"/> Respite
<input checked="" type="checkbox"/> Family Therapy	<input checked="" type="checkbox"/> Dual Diagnosis <input checked="" type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP
<input checked="" type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Peer Support <input checked="" type="checkbox"/> Addictions Services
Other Wellness Services: All locations- Psychiatric Evaluations, Mobile Crisis Services; Snow Hill and Berlin- Family Therapy, Children Trauma Svcs; Snow Hill and Pocomoke- Addictions Services; Snow Hill and Berlin- PRP; Berlin- Dual Diagnosis	

## Community Behavioral Health Providers



<b>Worcester Youth &amp; Family Counseling Services</b>	
Address	124 N. Main Street, Suite C, Berlin, MD 21811
Phone	410-641-4598
Fax	410-641-4696
Website/Email	www.gowoyo.org
Language Services	None
Payment Type(s)	Medicaid, Medicare, Private Insurance, Sliding Scale, MCHIP
<b>Mental Health Services</b>	
<input checked="" type="checkbox"/> Indv. Therapy Ages - 3+	<input checked="" type="checkbox"/> Group Therapy
<input checked="" type="checkbox"/> Family Therapy	<input type="checkbox"/> Dual Diagnosis
<input type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Peer Support
	<input type="checkbox"/> Respite
	<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP
	<input type="checkbox"/> Addictions Services
Other Wellness Services: Marital/Couples Therapy, Family Connections Resource Center, Court Appointed Special Advocates(CASA), Strengthening Adolescent Girls w/ Education& Support (SAGES), Rollercoaster's Support Group for children going through family changes	

<b>Waldrip, Kaitlin, LCSW-C</b>	
Address	5 E. Earle Ave., Easton, MD 21601
Phone	443-687-9486
Fax	None
Website/Email	www.kwaldriptherapy.com/kwaldrip@goeaston.net
Language Services	None
Payment Type(s)	Private Insurance, Sliding Scale
<b>Mental Health Services</b>	
<input checked="" type="checkbox"/> Indv. Therapy Ages - 17+	<input checked="" type="checkbox"/> Group Therapy
<input checked="" type="checkbox"/> Family Therapy	<input type="checkbox"/> Dual Diagnosis
<input type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Peer Support
	<input type="checkbox"/> Respite
	<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP
	<input type="checkbox"/> Addictions Services
Other Wellness Services: Couple Therapy, Eye Movement Desensitization and Reprocessing Therapy (EMDR)	

## Regional Behavioral Health Inpatient Providers



<b>Center for Rehabilitation- Wilmington Hospital- Dr. Eric Haas</b>	
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Address	501 W. 14 <sup>th</sup> St., Wilmington, DE 19801, 6 <sup>th</sup> Floor
Phone:	302-428-6692
Payment Type(s)	Private Health Insurance, Medical Assistance, Medicare

<b>Christiana Care Neurology Specialists</b>	
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Address	774 Christiana Rd, Suite 201, Newark, DE 19713
Phone	302-731-3017
Payment Type(s)	Private Health Insurance, Medical Assistance, Medicare

<b>Johns Hopkins Bayview Medical Center- Dr. Constatine Lyketsos, MD</b>	
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Address	4940 Eastern Ave. Alpha Commons Rm. 4 <sup>th</sup> Floor
Address	Baltimore, MD 21224
Phone	410-550-6337
Payment Type(s)	Private Health Insurance, Medical Assistance, Medicare

<b>Johns Hopkins Hospital-Dr. Peter Rabins, MD</b>	
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Address	600 N. Wolfe St., Baltimore, MD 21287
Phone	410-955-6736
Phone	410-9555147
Payment Type(s)	Private Health Insurance, Medical Assistance, Medicare

<b>Dr. Neal Ranen, MD</b>	
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Address	9919 Reisterstown Rd, Suite 204B, Owings Mills, MD
Phone:	866-977-7924
Payment Type(s)	Private Health Insurance, Medical Assistance, Medicare

## Life Coaches

<b>Accessible Wellness Enterprises</b>	
Address	100 North Camden Avenue, Fruitland, MD 21826
Phone	443-783-6568 or 443-938-9268
Fax	N/A
Website/Email	andreatravisward@comcast.net
Language Services	N/A
Payment Type(s)	Self Pay
Other Wellness Services:	

<b>Diane Armstrong</b>	
Address	216 N. Washington Street, Snow Hill, MD 21863
Phone	410-251-7701
Fax	N/A
Website/Email	www.serenityshoppe.org
Language Services	N/A
Payment Type(s)	Self Pay
Other Wellness Services:	

<b>J. David Collins and Associates, LLC</b>	
Address	540 Riverside Drive, Suite 8, Salisbury, MD 21801
Phone	410-656-4690 or 410-548-3333
Fax	410-548-3341
Website/Email	www.jdavidcollins.com / david@jdavidcollins.com
Language Services	N/A
Payment Type(s)	Self Pay
Other Wellness Services:	

<b>Melinda Brett (ReConnections)</b>	
Address	31413 Winter Place Pkwy, Unit 102, Salisbury, MD 21804
Phone	410-742-3055
Fax	443-944-0095
Website/Email	http://www.myreconnections.com
Language Services	None
Payment Type(s)	Self Pay
Other Wellness Services: Creative Expression, Massage Therapy, Meal Planning, Meditation, Reiki Therapy	

<b>Veronica Correa (The Personal Wellness Center)</b>	
Address	106 Milford St., Suite 701, Salisbury, MD 21804
Phone	410-742-6016
Fax	410-742-6014
Website/Email	www.thepersonalwellnesscenter.com
Language Services	Spanish
Payment Type(s)	Self Pay
Other Wellness Services:	

## **Crisis Information and 24-Hour Hotlines**

**Americans with Disabilities Act Hotline** Phone: 1-800-USA-ABLE (872-2253)

**Beacon Place** provides short-term residential crisis services in a community based setting. Phone: 410-749-2924

**Eastern Shore Operations Center (ESOC)** the behavioral health information and referral call center for all nine counties of the Eastern Shore. The ESOC is available 24 hours a day, 7 days a week to assess and respond to calls from consumers, family members, community members, businesses and human services agencies. ESOC staff provides linkage to community resources through referrals to all appropriate and existing behavioral health and human services. Phone: 1-888-407-8018

**Life Crisis Center Hotline** provides counseling for victims of domestic violence or sexual assault, suicide prevention, support groups, emergency shelter, shelter and medical care referral, and assistance Phone: 1-800-422-0009 / 410-749-HELP (4357)

**Suicide Hotline-** 1-800-SUICIDE or 410-749-9424

**Youth Crisis Hotline-** 1-800-422-0009

**Youth Crisis Chat Line-** <http://www.help4mdyouth.org>

**Maryland State AIDS Hotline** Phone: 1-800-553-3140, TTY: 1-800-553-3140  
Monday – Friday 9 am – 5 pm (except holidays)

**Maryland Youth Crisis Hotline** Phone: 1-800-422-0009, [www.Help4Youth.org](http://www.Help4Youth.org)

**Mobile Crisis Team(s) (MCT) - Affiliated Santé** MCT members intervene with callers referred from the ESOC who are experiencing a behavioral health emergency, assist law enforcement and emergency responders by providing behavioral health crisis consultation and intervention to stabilize the individual in the least restrictive environment through a range of services including assessment, crisis intervention, supportive counseling, information and referrals to appropriate community based behavioral health services for ongoing treatment and follow-up. To access the MCT call ESOC at 1-888-407-8018. Caroline, Cecil, Dorchester, Kent, Queen Anne's, Somerset, Talbot and Wicomico

**Mobile Treatment Teams (MTT) - Lower Shore Clinic** team treatment approach designed to assist the individual to: achieve recovery, fully participate in community life, obtain stable permanent housing, and reduce the individual's unnecessary admissions to emergency rooms and inpatient psychiatric services. Two teams are available on the Eastern Shore and both are working toward ACT fidelity. ACT is an evidence based treatment approach proven effective in working with individuals with severe, persistent mental health and/or co-occurring disorders.  
Phone: 410-341-9696

**PRMC 24 Hour Hotline** Phone: 410-543-7160

**Suicide Prevention Lifeline** Phone: 1-800-273-8255, TTY: 1-800-799-4889 [www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)

**Trevor Lifeline (LGBTQ community)** Phone: 1-866-488-7386 [www.thetrevorproject.org](http://www.thetrevorproject.org)

**Urgent Care Clinics** provide mental health assessment and consultation within 48 business hours to prevent the individual's condition from worsening. If psychiatric care is identified, an evaluation will be scheduled with a psychiatrist within a 30 day period.  
Phone: Lower Shore Clinic (Wicomico) - 410-341-3420; Eastern Shore Psychological Services (Somerset) - 410-651-4200  
call ESOC after business hours 1-888-407-8018

**Veterans Crisis Line** Phone: 1-800-273-8255 (Press 1), [www.veteranscrisisline.net](http://www.veteranscrisisline.net)

## Helpful Websites

**American Association of Suicidology**  
[www.suicidology.org](http://www.suicidology.org)

**Camp Rehobeth**  
<http://www.camprehobeth.com/>

**Living Works Network –Safe Talk & ASIST training**  
[www.livingworks.net](http://www.livingworks.net)

**MentalHealth.Gov**  
<http://www.mentalhealth.gov/>

**Ok2Talk**  
<http://ok2talk.org/>

**Parents of Suicide**  
[www.parentsofsuicide.com](http://www.parentsofsuicide.com) & [www.pos-ffos.com](http://www.pos-ffos.com)

**American Foundation for Suicide Prevention**  
[www.afsp.org](http://www.afsp.org)

**Equality Maryland**  
<http://equalitymaryland.org/>

**Mental Health “Signs of Suicide”**  
[www.mentalhealthscreening.org](http://www.mentalhealthscreening.org)

**Network of Care**  
<http://worcester.md.networkofcare.org>

**On Our Own of Maryland, Inc.**  
<http://www.onourownmd.org/>

**Society for the Prevention of Teen Suicide Training Manual**  
[www.sptsusa.org](http://www.sptsusa.org)

## Helpful Websites

Stop Bullying

Stop A Suicide Today

**Suicide Prevention Resource Center**

[www.sprc.org](http://www.sprc.org)

**Suicide Prevention Action Network**

[www.spanusa.org](http://www.spanusa.org)

**Substance Abuse and Mental Health Services Administration (SAMHSA)**

<http://findtreatment.samhsa.gov/>

**Yellow Ribbon International Suicide Prevention Program**

[www.yellowribbon.org](http://www.yellowribbon.org)

## Behavioral Health Resources / Support Groups

**211** Phone: 211

Services: local help line providing access to, health and human service information and referrals

**Alcoholics Anonymous (AA)** Phone: 410-543-2266

Services: AA meetings; please call or visit their website for meeting information [www.lsiaa.org](http://www.lsiaa.org)

**Depression Bipolar Support Alliance Support Group** Phone: 443-880-3052

Website: [www.dbsalliance.org](http://www.dbsalliance.org)

Services: depression bipolar support group

**Jesse Klump Memorial Fund Inc.** Phone: 410-726-3090 or to schedule a presentation, call: 443-982-2716

Services: Offers mentoring to families left behind after suicide and group meetings with other survivors at 9730 Healthway Drive, Berlin Health Department, 3<sup>rd</sup> Wednesday of every month. JKMF also conducts community awareness meetings for suicide prevention.

**Life Crisis Center** Phone: 1-800-422-0009 / 410-749-HELP (4357)

Services: support, crisis intervention and referrals

**Lower Shore Early Intervention Program** Phone: 410-677-6590

Website: [www.lowershoreccrc.org](http://www.lowershoreccrc.org)

Services: Provides mental health consultation, observations, assessments and behavior intervention to children in licensed childcare settings ages birth – 6. Also offers phone consultations and community resource referrals for parents and childcare providers.

**Lower Shore Friends** Phone: 410-334-2173

Address: 207 Maryland Avenue, Suite 5, Salisbury, MD 21801

Services: peer support and advocacy center, links / referrals to community services, consumer outreach, consumer workshops

**Maryland's Commitment to Veterans** Phone: 1-877-770-4801 Website: [www.veterans.maryland.gov](http://www.veterans.maryland.gov)

Services: Coordinator will work with veterans and their family to arrange individual, family and group therapy, substance abuse services and referrals for job resources, education assistance, housing and VA benefits.

**MD Coalition of Families for Children's Mental Health** Phone: 443-896-6791

Services: family support group for families that have children with mental health and or emotional disabilities

**The Mental Health Assoc. of the Lower Shore** Phone: 410-651-1547 (Thelma Orr) Address: P.O. Box 2774, Salisbury, MD 21802

Services: education, awareness, lobbying, workshops, legislative meetings, counseling resources

**NAMI- MD Naational Alliance for the Mentally Ill** Phone: 1-877-878-2371

Website: [www.namimdls.org](http://www.namimdls.org)

Services: monthly support group, consumer and family education.

Email: [Issfsg@verizon.net](mailto:Issfsg@verizon.net) for family to family support group

**Narcotics Anonymous (NA)** Phone: 1-800-317-3222 Website: [www.na.org](http://www.na.org)

Services: NA meetings; please call or visit their website for meeting information

**New Transitions** Phone: 410-219-5070, Address: 314 Civic Ave., Salisbury, MD 21804

Services: Support and serve children ages 6-21 with mental health issues and their families

**Rainbows** Phone: 410-749-2131, Address: 1401 Camden Ave, Salisbury, MD 21801

Services: support program for grieving children and teens; program held in January

**Somerset County Wellness and Recovery Center** Phone: 443-783-4112

11408 Somerset Avenue, Princess Anne, MD 21853

Services: peer support, recovery coaching, smoking cessation, chronic disease prevention

**Yellow Ribbon Program** website: [www.yellowribbon.org](http://www.yellowribbon.org)

Services: support groups for family members of persons who have completed suicide and for family members of persons who a actively suicidal

## Social Service Organizations

**Department of Social Services**

Somerset- Phone: 410-677-4200, 30397 Mount Vernon Rd, Princess Anne, MD 21853

Wicomico- Phone: 410-713-3900, 201 Baptist Street, Salisbury, MD 21801  
Worcester- Phone: 410-677-6800, 299 Commerce Street, Snow Hill, MD 21863  
Services: financial assistance, emergency housing, and child support enforcement assistance

**Diakonia** Phone: 410-213-0923, 12747 Old Bridge Road, Ocean City, MD 21842  
Services: homeless advocacy, emergency & transitional shelter, case management, food pantry, homeless prevention programs (rental & utility assistance), housing search assistance, thrift shop, clothing and household necessities, parenting workshops, GED/Diploma workshops

**Eastern Shore Social Services Catholic Charities Seton Center** Phone: 410-651-9608 30632 Hampton Ave., PO Box 401, Princess Anne, MD 21853 Services: case management, referrals, food programs, health prevention advocacy, children's after school and summer program, children's enrichment program, thrift shop, women's support group, financial assistance for basic living expenses when available

**HALO (Hope and Life Outreach)** Phone: 410-742-9356, 701 Snow Hill Rd., Salisbury, MD 21804  
Services: homeless advocacy, life skills, life action plan, clothing closet, meals on the street served in designated locations, food pantry

**HOPE Inc. (Help & Outreach Point of Entry)** Phone: 443-944-5279, 410-677-0757  
129 Broad St., Salisbury, MD 21801 by appointment only  
Services: guidance and financial assistance with health related issues, assistance provided to obtain birth certificates and Maryland ID's, referrals to rehabilitation services, personal support and assistance with obtaining medications

**Joseph House Ministries** Phone: 410-749-4239  
812 Boundary Street, Salisbury, MD 21801  
Services: cash assistance with evictions, utility cut-offs and health care bills

**Local Management Board** The Local Management Board focuses on prevention, early intervention and community-based services to promote a safe, healthy and stable environment for all families. The Local Management Board provides resources for families in order to link them with local agencies and organizations that serve children, youth and families.

Somerset County Local Management Board  
Phone: 410-651-2824; 8928 Sign Post Road, Suite 1, Westover, MD 21871 Website: [www.sclmb.org](http://www.sclmb.org)

Wicomico County Local Management Board  
Phone: 410-546-5400; 408 Coles Circle, Suite G, Salisbury, MD 21804  
Website: [www.wicomicocounty.org/departments/lmb/Default.html](http://www.wicomicocounty.org/departments/lmb/Default.html)

Worcester County Local Management Board  
Phone: 410-632-3648  
6040 Public Landing Road, PO Box 129, Snow Hill, MD 21863

**Salisbury Urban Ministries** Phone: 410-749-1563  
326 Barclay Street, Box 1792, Salisbury, MD 21802  
Services: financial assistance for vital needs

**Salvation Army** Phone: 410-749-3077, 407 Oak Street, Salisbury, MD 21804  
Services: financial assistance with utility bills, clothing (call for schedule)

**Shore Up! Inc.**  
Somerset- Phone: 410-651-1805, 12409 Loretta Road, Princess Anne, MD 21853  
Wicomico- Phone: 410-749-1142, 520 Snow Hill Road, Salisbury, MD 21804  
Worcester- Phone: 410-632-2075, 6352 Worcester Highway, Newark, MD 21841,  
Services: energy assistance, financial assistance for medications, weatherization and housing

## Low Cost Medical Providers

### Three Lower Counties Community Services

Somerset- Phone: 410-651-1000  
12137 and 12145 Elm Street, Princess Anne, MD 21853  
Wicomico- Pediatrics and Mental Health- Phone: 410-219-1100  
1104 Healthway Drive, Salisbury, MD 21804  
Adult Medicine- Phone: 410-546-6650  
1665 Woodbrooke Drive, Salisbury, MD 21804  
Worcester- Phone: 410-957-0273  
305 10<sup>th</sup> Street Suite 104, Pocomoke City, MD 21851

## Low Cost Medical Providers

**Three Lower Counties Dental** Phone: 410-651-5151, 12165 Elm St., Princess Anne, MD 21853

**Village of Hope Medical Clinic** Phone: 410-860-5981, 1001 Lake Street, Salisbury, MD 21801

**Village Dental Center** Phone: 410-334-3401, 705 North Salisbury Boulevard, Salisbury, MD 21801

**Worcester County Dental Center** Phone: 410-641-0240, 107 William Street, Berlin, MD 21811

## Local Food Pantries and Soup Kitchens

(please call for availability)

**Angel Food Ministries** www.angelfoodministries.com

**Berlin First Baptist Church** 410-641-4306

**Christ United Methodist Church** (Upper Fairmount) 410-651-2375

**Community Church of Ocean Pines** 410-641-5433

**Diakonia** 410-213-0923

**Dot's Community Food** 410-957-2139

**The Emergency Food Assistance Program (TEFAP)**

- Wic. & Som. contact Shore Up! at 410-749-1142 for pantry closest to you
- Wor. contact Dept. of Social Services at 410-677-6800 for closest pantry

**Grace United Methodist Church** 410-742-4144

**Harvest Center** 410-742-8041

**Joseph House Ministries** 410-543-8171

**Lower Shore Friends** 410-334-2173

**MD Food Bank** 410-742-0050 (for food pantry closest to you)

**P.A.C.A.** 410-632-1580

**St. Paul AME Zion Church** 410-546-5661

**Salisbury Urban Ministries** 410-749-1563

**Salvation Army** 410-749-3077

**Salisbury Outreach Service - S.O.S** 410-341-4767

**Seton Center – Catholic Charities, Inc.** 410-651-9608

**Telemon Corporation** 443-397-9240

**Vision of Mercy** 443-397-3689

## Local Shelters

### **Christian Shelter**

334 Barclay Street, Salisbury, MD 21804  
Phone: 410-749-5673

### **Cold Weather Shelter (Men)**

Phone: 410-749-4357  
Location changes weekly, only available during cold months starting in January

### **Diakonia**

12747 Old Bridge Rd, Ocean City, MD 21842  
Phone: 410-213-0923

### **HALO (Women/Children)**

119 South Blvd, Salisbury, MD 21804  
Phone: 410-742-9356

### **Samaritan Shelter**

814 Forth Street, Pocomoke, MD 21851  
Phone: 410-957-4310

## Transportation

**Shore Transit** 443-260-2300



**Medical Assistance Transportation**

Somerset- 443-523-1701

Wicomico- 410-548-5142

Worcester- 410-632-0092

## **Employment Organizations / Education and Training Services**

**AmeriCorps Program at Salisbury University** 410-548-5119

**Deaf Independent Living Assoc. (DILA)** (V/TTY) 410-742-5052

**Department of Labor, Division of Employment & Training (One Stop)** 410-341-8533

**Division of Rehabilitation Services-DORS** 410-546-1580

**Goodwill Career Development** 410-219-9118

**Lower Shore Enterprises Inc.** 410-749-6183

**Lower Shore Workforce Alliance** 410-341-8533

**Older Workers Training Program (Shore Up)** 410-749-1142

**One Stop Job Market** 410-341-6515

**Shore Employment Services** 410-546-0381 ext. 151

**Small Business Development Network** 410-548-4419

**Telemon Corporation** 410-546-4604

**Youth Employment Program (Shore UP)** 410-749-1142