



# Resource Quick Guide

## HEALTH AND WELLNESS:

### ➤ **Maryland's Commitment to Veterans (MCV) – Department of Health and Mental Hygiene**

Website: [veterans.dhmh.maryland.gov](http://veterans.dhmh.maryland.gov)

Phone: 1-877-770-4801

- Assists veterans and their families with coordinating behavioral health services, including mental health and substance use disorder services- either with the VA or Maryland's Behavioral Health Administration.
- Facilitates and covers transportation costs to behavioral health appointments.
- Provides information and referrals related to VA benefits, employment, education, and housing.
- Provides outreach to educate veterans, residents, and community groups about MCV. Leads Mental Health First Aid Training for any non-clinician working with veterans or their families.

### ➤ **Maryland Department of Aging –Maryland Access Point (MAP)**

➤ Website and locations: <http://www.aging.maryland.gov/MAPlandA.html>

- Maryland Access Point (MAP) is the gateway to long term services and supports in Maryland. MAP specialists work with caregivers, professionals, and all individuals with long term care needs to plan, identify, connect, and assist with accessing private and public resources for long term services and supports.

### ➤ **MARYLAND VA HEALTH CARE ADMINISTRATION (VHA) SERVICES**

- **Veterans Crisis Hotline:** 1-800-273-8255 Press 1

Website: <http://www.veteranscrisisline.net/>

- Veterans and their loved ones can call, [chat online](#), or send a text message to 838255 to receive confidential support 24 hours a day, 7 days a week, 365 days a year.

- **VA Maryland Health Care System (includes VA Medical Centers, Community Based Outpatient Clinics and Vet Centers)** - Serves Veterans In: Anne Arundel, Baltimore City, Baltimore County, Carroll, Howard, Harford, Cecil, and all of Eastern Shore

Website: <http://www.maryland.va.gov/>

Phone: 1-800-865-2441

- **Washington DC VA Medical Center** – Serves Veterans In: Prince Georges, Calvert, Charles, St. Mary's and Montgomery

Website: <http://www.washingtondc.va.gov/>

Phone: 1-800-265-2441

- **Martinsburg VA Medical Center** – Serves Veterans In: Frederick, Washington, Allegheny, Garrett

Website: <http://www.martinsburg.va.gov/>

Phone: 1-800-817-3807

## **CLAIMS AND BENEFITS**

### ➤ **Maryland Department of Veterans Affairs**

Website: <http://veterans.maryland.gov>

Phone: 410.260.3838

- VA Benefits or Claims Assistance – statewide locations, assists in acquiring VA Benefits
- Charlotte Hall Veterans Home - veteran assisted living facility, skilled long term care and rehabilitation for eligible veteran and non-veteran spouse
- MDVA Trust Fund – provides grants or loans to veterans experiencing temporary financial difficulty
- Outreach and Advocacy
- Maryland Veteran Cemeteries and Memorials

### ➤ **Veterans Benefits Administration (VBA)**

Website: <http://www.vba.va.gov/VBA/>

- Information and application procedures for all Federal benefits: disability, pension, educational, vocational, home loan, mortgage delinquency assistance, and more.

### ➤ **Maryland Higher Education Commission – Post 9-11 GI Bill Certifying Officials on Campus**

Website:

<http://www.mhec.state.md.us/higherEd/acadAff/VeteransBenefits/MDVAEducationInfo2013.asp>

## **HOUSING AND FINANCIAL ASSISTANCE**

### ➤ **US Department of Veteran Affairs Homeless Call Center 1-877-4AID VET**

### ➤ **VA - Baltimore Community Referral and Resource Center (CRRC)**

Phone: Monday- Friday 7:00 a.m. – 4:30 p.m. 410.637.3246

- The CRRC serves as a hub to combat homelessness among Veterans. These facilities centralize federal and local partners to provide services to homeless and at-risk Veterans. The building includes a Primary Care Clinic, a complete kitchen, laundry and shower facilities as well as a host of other community services.

### ➤ **VA – DC Community Referral and Resource Center (CRRC)**

Phone: 202.636.7660

Website:

[http://www.washingtondc.va.gov/locations/community\\_resource\\_and\\_referral\\_center\\_crcc.asp](http://www.washingtondc.va.gov/locations/community_resource_and_referral_center_crcc.asp)

### ➤ **VA Supportive Services for Veterans and Family Members (SSVF) – EVICTION PREVENTION**

Website: <http://www.va.gov/homeless/ssvf/index.asp>

Through the SSVF Program, VA aims to improve very low-income Veteran families' housing stability. Grantees (private non-profit organizations and consumer cooperatives) will provide eligible Veteran families with outreach, case management, and assistance in obtaining VA and other benefits, which may include:

- Health care services
- Daily living services
- Personal financial planning services
- Transportation services
- Fiduciary and payee services
- Legal services
- Child care services
- Housing counseling services

\*Find the SSVF provider in your county:

[http://www.va.gov/homeless/ssvf/docs/SSVF\\_Awards\\_List\\_Final\\_September14.pdf](http://www.va.gov/homeless/ssvf/docs/SSVF_Awards_List_Final_September14.pdf)

➤ **Maryland Department of Housing and Community Development**

- Maryland Home Front - Veteran Mortgage Program

Website: <http://mmp.maryland.gov/Pages/Products.aspx>

Phone: 1.800.756.0119

- MD Hope Hotline – refinance or modify loan

Phone: 1.877.462.755

Website: [mdhope.dhcd.maryland.gov](http://mdhope.dhcd.maryland.gov)

- MD Housing Rehabilitation Program – financial assistance to repair or rehab home

Phone: 410.514.7530

➤ **Maryland Department of Human Resources**

- Provides food and energy assistance to all Maryland residents

Website: <http://www.dhr.state.md.us/blog/>

- See **Maryland Department of Veteran Affairs – Trust Fund**

**EMPLOYMENT AND BUSINESS**

➤ **Maryland Department of Labor One-Stop Career Centers, Veteran Priority Services**

Website and locations: <http://www.dllr.state.md.us/employment/onestopsvets.shtml>

- Each Career Center has a full time staff of Veteran Employment and Training Representatives to assist veterans.
- Provide a range of free services, including training referrals, career counseling, job search, as well as searching all new job orders to see if any veterans on file qualify for the positions and contacts them immediately.

➤ **Maryland Department of Commerce**

- Military Personnel and Veteran Small Business Loan

Website: <http://commerce.maryland.gov/fund/programs-for-businesses/mpvsblp>

**GENERAL INFO AND REFERRAL**

- **National Resource Directory**

Website: <https://www.ebenefits.va.gov/ebenefits/nrd>

- Full directory of National resources for active duty and veterans, searchable by topic and specific area (e.g., MD or Baltimore)

- **Maryland 2-1-1 Referral Line**

Phone: In Baltimore dial 211 or 410-685-0525 or 800-492-0618

Website: [www.211md.org](http://www.211md.org)

- Non-Veteran-specific. Referral line and web search engine for a full range of community services (medical, financial, disability, legal, employment, etc.).

- **Maryland Community Services Locator**

Website: [http://www.mdcscl.org/advantagecallback.asp?template=map\\_search](http://www.mdcscl.org/advantagecallback.asp?template=map_search)

- Non-Veteran-specific, community resource locator for State benefits, education, employment, legal assistance, healthcare (including mental health), homelessness, housing, and more. Searchable by topic and specific area.

- **Military One Source**

Website: <http://www.militaryonesource.mil/>

Phone: 1-800-342-9647

- **Network of Care**

Website: <http://www.networkofcare.org/splash.aspx>

- Veteran specific health and social services in each community

- **Request a copy of DD214 (military discharge paperwork) :**

<https://www.archives.gov/veterans/military-service-records/>

US Department of Veterans Affairs includes:

- 1) Veteran's Benefits Administration (VBA) – handles compensation, education benefits
- 2) Veterans Health Administration (VHA) – provides all health care
- 3) National Cemetery Administration – burial