

# Where can I get tested?

## Through Worcester Health

The Worcester County Health department is offering drive-thru COVID-19 testing from 12:30 pm-3:30 pm on Friday, November 20 at the Worcester County Commission on Aging Facility (4767 Snow Hill Rd, Snow Hill, MD 21863). After Friday's clinic, additional testing will be available every Monday 12:30 pm-3:30pm at the same location.

Eligibility criteria for testing includes:

- Worcester County residents or working in the county.
- Adults and children 8 years and older. If under 8, please check with nursing before scheduling an appointment.
- Valid photo ID for adults.

To learn more or to schedule an appointment please call 410-632-1100 option 8 then press 1. For more information on COVID-19 resources and prevention in Worcester, visit [WorcesterHealth.org](http://WorcesterHealth.org)

## Other Community Resources

- *Your Doc's In*, Pocomoke City
  - Instructions: If you suspect you may have contracted COVID-19, please call us at 877-222-4934 for further information or please Book Online to minimize wait.
    - [https://www.solvehealth.com/book-online/AWemJg?utm\\_source=multilocation\\_widget&utm\\_medium=inproduct&utm\\_campaign=multilocation\\_widget&utm\\_term=book\\_group](https://www.solvehealth.com/book-online/AWemJg?utm_source=multilocation_widget&utm_medium=inproduct&utm_campaign=multilocation_widget&utm_term=book_group)
- West Ocean City Injury and Illness Center
  - 410-213-0119
- **Rapid testing: Contact your primary care doctor if you are interested in Rapid Testing to check availability. It is also available for those who meet criteria, based on clinician judgement at the Atlantic General Hospital Emergency Department.**

- **No-Cost testing: Walmart (Fruitland), CVS (Ocean City), Riteaid (Pocomoke), will gather insurance information or driver's license number if no insurance and not have any copays.**

- **Fruitland Walmart (410-341-4803)**

- Drive-thru only.
- Anyone meets CDC guidelines
- Still no charge **at this time**. Changes possible. Testing not available this week but should start again next week.

- **CVS Ocean City 12001 Coastal Highway (410-524-5101)**

- No-cost but there **could be a cost** depending on why they get the test. For example, if they don't have symptoms or a reason for the test they may be charged. Might want to call pharmacy to find out ahead of time.

- **Rite Aid Pocomoke (410) 957-2311**

- No-cost with **most** insurance.

- **Dorchester County Health Department**

Contact: 410-228- 3223 [www.dorchesterhealth.org](http://www.dorchesterhealth.org)

Address: 3 Cedar Street Cambridge, MD 21613

**Cost:** Free

**Testing Schedule:** Mondays & Wednesdays from 9:30 AM -12:30 PM. Dates may change, so call ahead

Minimum Age: 6 months old

What to bring on the day of the test? Nothing

Do you need to make an appointment? No, but you can call 410-228-3223 for more information

Do you need to be insured? No

Interpreters Available? Yes

Results: 3-4 days via phone

\*\* Testing is available regardless if they are a Dorchester County resident

- **Somerset County Health Department**

Contact: 443-523-1920 - <https://somersehealth.org>

Address: 8928 Sign Post Rd, Westover, MD 21871

**Cost:** Free

**Testing Schedule:** Every Tuesday: 9 AM - 12 PM or 2:00 PM - 5:00 PM depending on the week

Minimum Age: it will depend. Please call them about testing minors

What to bring on the day of the test? Nothing

Do you need to make an appointment? Yes - over the phone at 443-523-1920

Do you need insurance? No

Interpreters available? Yes

Results: 5 days via phone

\*\* Testing is available regardless if they are a Somerset County resident

- **Wicomico County Health Department**

Contact: 410-912-6889 - [www.wicomicohealth.org](http://www.wicomicohealth.org)

Address: 300 W Carroll St, Salisbury, MD 21801 [Wicomico County Health Department: Welcome to Wicomico County Health](#)

**Cost: Free**

**Testing Schedule:** Every Tuesday: 9 AM- 12 PM

Wednesday: 9 AM - 3 PM

Minimum Age: 6 months old

What to bring on the day of the test? Nothing

Do you need to make an appointment? Yes - over the phone at 410-912-6889

Do you need insurance? No

Interpreters available? Yes

Results: 3 days via phone (phone call or text message) and or via Portal

\*\* Testing is available regardless if they are a Wicomico County resident

### **CVS**

Contact: Appointments cannot be made on the phone. Please use the website only:  
[www.cvs.com](http://www.cvs.com)

Address: 1016 S Salisbury Blvd, Salisbury, MD 21801 &  
12001 Coastal Highway Ocean City, MD 218

Cost: Free

Testing Schedule: Every day, seven days a week

Minimum Age: 12 years old

What to bring on the day of the test? An ID is required & the electronic proof of appointment confirmation. Photo ID & Proof of Residency

Do you need to make an appointment? Yes. Make your appointment via [cvs.com](http://cvs.com)

Do you need insurance? No

Interpreters available? Call ahead

Results: 3-4 days via internet portal. After the test, you will be given a paper with instructions on how to obtain the results.

### **Walmart**

Contact: Appointments cannot be made on the phone. Please use the website only:  
[www.doineedacovid19test.com](http://www.doineedacovid19test.com)

Address: 409 N. Fruitland Blvd, Fruitland, MD 21826

(Walmart parking lot)

Cost: Free

Testing Schedule: Monday, Wednesday & Friday

Minimum Age: none

What to bring on the day of the test? Electronic proof of the appointment confirmation

Do you need to make an appointment? Yes. Make your appointment via [www.doineedacovidtest.com](http://www.doineedacovidtest.com)

Do you need insurance? No

Interpreters available? No

Results: 4-5 days via email

### **Your Docs In**

Contact: 877-222-4934 - [www.yourdocsin.com](http://www.yourdocsin.com)

Address: They have locations at North Salisbury, South Salisbury, Easton, Cambridge, Pocomoke & West Ocean City Md.

Cost: without health insurance, you will be charged a minimum of \$150

Testing Schedule:

Minimum Age: none

What to bring on the day of the test? ID is required

Do you need to make an appointment? Yes - over the phone at 877-222-4934

Do you need insurance? No

Interpreters available? Yes Results: 3-4 days via phone

### **Chesapeake Health Care**

Contact: 410-749-1015 - [www.chesapeakehc.org](http://www.chesapeakehc.org)

Address: All Chesapeake Health Care Medical locations (current patients only)

Cost: Free

Testing Schedule: Monday through Friday

Minimum Age: 6 months old

What to bring on the day of the test? ID is required

Do you need to make an appointment? Please call the office before coming in

Do you need insurance? No

Interpreters available? Yes Results: 3-4 days via preferred communication

### **TidalHealth**

Contact: 410-543-7700 - [www.mytidalhealth.org](http://www.mytidalhealth.org)

Address: TidalHealth at varying Counties on the Lower Eastern Shore

Cost: Free

Testing Schedule: Monday through Friday

Minimum Age: none

What to bring on the day of the test? Doctor's order

Do you need to make an appointment? Yes - over the phone at 410-543-7700

Do you need insurance? Yes. It must be insurance that participates with TidalHealth for laboratory services

Interpreters available? Yes Results: 3-4 days to authorizing provider.

**OCEAN CITY, MD**  
**COVID-19**  
**TESTING LOCATIONS**

Appointments are required

75th Street Injury and Illness Center 7408 Coastal Highway Ocean City 410-524-0075 charges may apply	Atlantic ImmediCare at Townsend Medical Center 1001 N. Philadelphia Ave Ocean City 410-289-0065 charges may apply
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CVS Pharmacy  
12001 Coastal Highway  
Ocean City  
cvshealth.com  
charges may apply



## How long does it take to get results?

It typically takes 3-5 business days to receive results from COVID-19 testing. If you are positive, you will be contacted by the Worcester County Health Department. **As of October 12, 2020 we now use Cian labs, the turnaround time for results might be longer (4 days).**

## How do I get my test results from CIAN Labs?

After your specimen has been collected it is shipped to the lab. The lab receives your specimen the morning after it's collected and it takes approximately 48 hours for your results to be ready for viewing. For additional questions, please call 240-396-4343. Video tutorials for accessing results can be found at [www.CIANDX.com](http://www.CIANDX.com).

Follow steps below:

- **Step One:** Visit [GO.CIANDX.COM/RESULTS](http://GO.CIANDX.COM/RESULTS)
- **Step Two:** Register and create an account
- **Step Three:** Check the email you used for the activation code. Please click the activation code sent to your email.
- **Step Four:** Activate your account by entering your birthday, username, zip code and password.

- **Step Five:** Login to Lifepoint after successfully activating your account.
- **Step Six:** Once logged in, you can see your results.

## **What to do while waiting?**

If you are sick or recently came into close contact with a known COVID case, stay at home while awaiting test results and self-isolate as much as possible. If you are getting a test only as a precaution, please continue to follow basic prevention measures such as social distancing, wearing a face covering while in indoor public places, and washing your hands frequently throughout the day

## **What to do if I test positive?**

You should immediately self-quarantine at home. If symptoms worsen, contact your doctor or visit the Emergency Room. Call ahead of time to let the ER know you have COVID.

Self-quarantine lasts until 10 days after symptoms stop. Our isolation and quarantine team will monitor you and stay in touch while you are self-quarantining providing calls once a day.

## **I'm an employer; what should I do if any of my staff test positive for COVID?**

If staff test positive for COVID-19 all close contacts should also get tested. The facility should be cleaned and disinfected, particularly any areas staff who tested positive regularly accessed. You are not **required** to close your facility if staff tests positive.

## **Where can I get a rapid test?**

The PRMC Family Lab in Ocean Pines. They must have a doctor's order. The address is 11101 Cathell Road Berlin, MD 21811 and the phone number is 410-912-6106. The hours are 8-1 p.m. It is not a free test, but we do not know what the cost is. Do not have rapid tests, but their turnaround time is the same day.

Express Care Salisbury, MD; 410-543-2020

You can schedule appointments on-line - tests results within 15 minutes. Recommend testing 5 days after exposure or anytime if symptomatic. They also are offering Antigen and Antibody testing. Not free - will bill insurance.

## **Face Covering Order**

Effective at 5pm on Friday, July 31, 2020 the statewide masking order is expanded to include all public areas of businesses and buildings, and outdoors public areas when unable to social distance. Face coverings are to be worn at all times on the Ocean City Boardwalk between the hours of 8 am and 2am for everyone over the age of 5.

## **Travel Guidance**

Marylanders are advised to postpone or cancel travel to states with positive rates >10%, which now include FL, TX, GA, LA, AL, AZ, SC, NE, and ID. Out-of-state travelers should immediately get tested and self-quarantine while awaiting results.

## **What is the difference between COVID-19 and Seasonal Influenza (Flu)?**

**From the CDC:** Influenza (Flu) and COVID-19 are both contagious respiratory illnesses, but they are caused by different viruses. COVID-19 is caused by infection with a new coronavirus (called SARS-CoV-2) and flu is caused by infection with [influenza viruses](#). Because some of the symptoms of flu and COVID-19 are similar, it may be hard to tell the difference between them based on symptoms alone, and testing may be needed to help confirm a diagnosis. Flu and COVID-19 share many characteristics, but there are some key differences between the two.

### **Similarities:**

Both COVID-19 and flu can have varying degrees of signs and symptoms, ranging from no symptoms (asymptomatic) to severe symptoms. Common symptoms that COVID-19 and flu share include:

- Fever or feeling feverish/chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue (tiredness)
- Sore throat
- Runny or stuffy nose
- Muscle pain or body aches
- Headache
- Some people may have vomiting and diarrhea, though this is more common in children than adults

### **Differences:**

**Flu:** Flu viruses can cause mild to severe illness, including common signs and symptoms listed above. It's important to note that not everyone with the flu will have a fever.

### [Flu Symptoms](#)

**COVID-19:** Other signs and symptoms of COVID-19, **different from flu**, may include **change in or loss of taste or smell**.

### [COVID-19 Symptoms](#)

## **What are Symptoms of the Flu?**

- Fever or feeling feverish/chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue (tiredness)
- Sore throat
- Runny or stuffy nose
- Muscle pain or body aches
- Headache
- Some people may have vomiting and diarrhea, though this is more common in children than adults

## **Where can I get a flu shot this year?**

Atlantic General Hospital is offering several public flu clinics for adults and children 13 and older. If someone requires documentation that they had a flu shot, they are to request the documentation from AGH staff at the time of their flu vaccine appointment. If they are requesting a high potency flu vaccine (over age 65) they are to request that during their flu vaccination appointment.

**AGH DRIVE THRU** clinics are available on the following dates:

- October 6th, 10a-2p at the Snow Hill Senior Center, 4767 Snow Hill Rd (Worcester County Government Employees working in Ocean Pines are to “show up” for flu shots between 9 am 10 am )



- October 10th, 10 am-2pm, Ocean Pines Community Center, 235 Ocean Parkway, Berlin ( Ocean Pines Service Employees are able to “show up” for flu shots between 9 am 10 am )
- October 14th, 10 am-2pm, Pocomoke Health Department, 400 A-Walnut Street
- October 15th, 2pm-6pm, Ocean City Park and Ride 12940 Inlet Isle Ln

**\*OC and County Employees can get vaccinated 12-2 on 10/15 in West OP. This is two hours prior to the start of the public clinic. No appts are necessary.**

**ADDITIONAL WCHD SPONSORED FLU CLINICS**

- October 30th, 9 am-12 noon, Snow Hill Health Center, High Dose Clinic, open to the public
- November 5th, 10 am-4:30 pm, Snow Hill Health Center, open to the public including students, drive thru
- November 6th, 10 am -4:30 pm, Berlin Health Center, open to the public including students, drive thru
- November 12th, 10 am-4:30 pm, Pocomoke Health Center, open to the public including students, drive thru

**Additional Locations in Worcester County:**

Name	Address	City	Phone Number	Walk-In	By Appt. Only	Drive-in	Clinic Details
<b>Coastal Drug Pharmacy</b>	10231 Old Ocean City Blvd	Berlin	410-629-0089	Walk-In			Customers can walk-in but the pharmacy recommends calling ahead of time.
<b>CVS</b>	1611 North Philadelphia Ave	Ocean City			By Appt Only		Can visit <a href="https://www.cvs.com">CVS.com</a> to schedule appointment
<b>Minute Clinic</b>	12510 Ocean Gateway	Ocean City	866-389-2727		By Appt. Only		Can visit <a href="https://www.cvs.com">CVS.com</a> to schedule appointment
<b>Rite Aid</b>	505 Linden Ave	Berlin	410-957-2231	Walk-In			

<b>Rite Aid</b>	10119 Old Ocean City Blvd	Ocean City	410-629-0536	Walk-In			
<b>Rite Aid</b>	11011 Manklin Creek Road	Ocean City	410-641-0536	Walk-In			
<b>Rite Aid</b>	12524 Ocean Gateway	Ocean City	410-213-0159	Walk-In			
<b>Rite Aid</b>	11401 Coastal Hwy	Ocean Pines	410-524-3700	Walk-In			
<b>Walgreens</b>	11085 Cathell Road	Ocean Pines	410-208-3811	Walk-In			
<b>Walmart</b>	2132 Old Snow Hill Road	Pocomoke	410-957-9610	Walk-In			Customers can walk in anytime. There are flu clinics held every Tuesday 7-11am and Thursday 2-4pm.
<b>Walmart</b>	11416 Ocean Gateway	Berlin	410-629-1842	Walk-In			Customers can walk in anytime. There are flu clinics held every Tuesday 7-11am and Thursday 2-6pm.

## Where Can my Child Get a Flu Shot this Year?

The first FREE student flu clinics for students who attend any Worcester County school is:

- October 15th 12pm-5pm at the Snow Hill health department.
- October 22nd, 12-5pm, Berlin Health Department
- November 5th, 10 am-4:30 pm, Snow Hill Health Center, open to the public including students, drive thru
- November 6th, 10 am -4:30 pm, Berlin Health Center, open to the public including students, drive thru
- November 12th, 10 am-4:30 pm, Pocomoke Health Center, open to the public including students, drive thru

## **How do I schedule an appointment for a Flu Shot in Worcester County?**

The public is able to schedule their own appointment for a flu vaccination by logging in to **Marylandvax.org**.

**For residents that have limited access to the internet or are not comfortable using this method, we are able to help them schedule their appointments.**

**How to Schedule a Flu vaccination appointment via Marylandvax.org.**

**How to Register a Caller for an appointment on**

**Marylandvax.org**

**ATLANTIC GENERAL HOSPITAL FLU CLINICS**

**CHILDREN MUST BE 13 YEARS OR OLDER FOR AGH CLINICS**

Update: 10/09/2020

When someone calls to requests assistance in scheduling an appointment for a FLU vaccination clinic, log into **Marylandvax.org**

**“If you do not have access to a computer or smart phone, or have someone that can help you, I can register you into the system over the phone now. It will take about 5 minutes to complete.”**

**“Which clinic are you interested in”** (Read list of clinics available)

Click on **Search for a Vaccination Clinic**, **SEARCH WITHIN 10 mile**, Enter the town in the **LOCATION** and in the **ADDRESS**, and choose clinic.

**“I will need to collect some general information now.”**

Click on **Sign up**

1) **Personal Information.** Collect information. Required fields are designated with an asterisk\* **If they do not have an email address use** noemail@email.com

**FOR CHILDREN, enter the child's information.**

2) **Health Insurance.** Choose type of insurance. Data collection purposes only.

3) **Health Questions.** Ask/Answer questions. **“If any are yes, a nurse may be in contact with you prior to your appt. to discuss.”**

4) **Add Child/Family.** **“Is there anyone else (child) in your family you would like to schedule an appt for at this time.”** You can add other members in the same household at this point. \* **System will not allow an adult to consent for another adult. Additional family member must be a minor.**

5) **Consent for services.**

**“Now I need to get your consent.”**

Do you give permission to be vaccinated, and for the vaccination to be entered into ImmuNet, Maryland's immunization registry. Further, do you agree that

(1) The information you provided is correct;

(2) You will be given a Vaccine Information Statement/fact sheet **when you are vaccinated**

(3) You understand the risks and benefits of getting the flu vaccine and consent to be vaccinated

(4) All questions you have about the vaccine(s) have been answered”

**“Do I have your permission to indicate consent?”**

6) Choose **Type my Full Name (BLUE BUTTON)** and type in patient or parent's name. Date should auto fill. Under relationship to patient choose **“Other”** and then type your

FIRST NAME: \_\_\_\_\_ LAST NAME: \_\_\_\_\_-WCHD

**FOR CHILDREN, select “Type my full name” (BLUE BUTTON) and type in the PARENT'S NAME. Under relationship to patient, choose “PARENT/GUARDIAN” and type in the parent's name. SEE EXAMPLE BELOW**

7) **Review.** Review the information you data entered.

8) Choose an Appointment Time. Click on Save.

**You are scheduled with an appointment on \_\_\_\_\_date\_\_\_\_\_ at \_\_\_\_\_time\_\_\_\_\_ at \_\_\_\_\_location\_\_\_\_\_. Please be sure to bring a valid photo ID.**

**If you need to cancel your appt, please call us back.**

**Is there anything else that I can help you with today?**

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### For children

To view the Vaccine Information Statement for Flu Vaccine [Click here](#)

**CONSENT FOR VACCINATION(S) – YOU MUST SIGN HERE FOR YOU/YOUR FAMILY TO BE VACCINATED**

In signing this form, I give permission for me and my family to be vaccinated, and the vaccination to be entered into ImmuNet, Maryland's immunization registry. Further, I agree that

- (1) The information provided is correct;
- (2) I have read the Vaccine Information Statement provided;
- (3) I understand the risks and benefits of getting the vaccine(s) and consent for me and my family to be vaccinated;
- (4) Any questions I had about the vaccine(s) have been answered;

SIGN MY NAME

TYPE MY FULL NAME

First Name

Last Name

Date

10/05/2020

Relationship to Patient \*

Parent/Guardian

First Name \*

Last Name \*

Back

Save and Continue -->